

2025/2026

UpTown! Dance

September
Newsletter

Important Dates

- September 2nd – Classes Start
- September 30th – No classes
- View the calendar in Uplifter under “My Account” for all breaks and holidays <https://secpa.uplifter.com>
- Check out the Dance Handbook for important dates, including no dance days, year-end show rehearsals and shows

UpTown! at SECPA

Dance Handbook 2025/2026

[View our handbook here](#)

Before Class Begins

- Dress your dancer in the required dance clothing (secpa.fmcschools.ca/what-to-wear-to-class-dance).
- Have hair neatly pulled back and off the face
- Eat a healthy meal or snack
- Put on dance shoes
- Use the washroom right before class

Entering Class

- Dancers and their caregivers can enter the dance studios through the arts entrance located on the right hand side of the building by the loading dock.
- The teacher or assistant will come out to the arts hallway to collect younger classes. Caregivers and siblings can wait in the hallway.
- Dance bags may go into class but should be set to the side of the room. (See our dance bag checklist at the end of our newsletter!)

After Class

- Instructors or assistants will bring younger classes back to the hallway and will make sure that each dancer goes with their adult.
- Double check that your dancer has all of their belongings before leaving

Dance Clothes

- Please make sure all clothing items, shoes, water bottles, bags, and other belongings are labeled with the dancer's name.
- For the first week or two, we understand that you may not have all dancewear items yet. Please ensure these are in place by the third week of classes.

Attendance

- Attending class regularly is important to a dancer's success! It is difficult for the dancer to feel confident performing when they have missed several classes
- If a dancer must miss class, please email uptown@fmcsd.ab.ca to let us know

Monthly Payments

- Monthly payments are charged to the credit card we have on file on the 1st of each month from September to May.
- If your credit card information changes, please update it in Uplifter

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Meet Our Instructors

Meet Our Assistants

Contest Time!

- There will be a photo booth set up in the arts hallway so you can celebrate your dancer's first week of dance classe!
- Tell us what you love about UpTown! at SECPA, and tag us on your social media post of your dancer.
- We will choose 2 lucky winners to receive a pair of tickets to the year end show of their choice!



Dance Bag Checklist

- ☐ **Labeled Water Bottle**
- ☐ **Labeled Dance Shoes**
- ☐ **Hair Brush, Elastics, Hair Pins**
- ☐ **Healthy, Peanut Free Snack**
- ☐ **Deodorant**
- ☐ **Have Fun!**