

UpTown! at SECPA

Dance Handbook 2025/2026

- Fees must be paid in full by the beginning of the year or be set up for monthly payments via Credit Card through Uplifter.
- Communication for UpTown! is primarily done through Uplifter to your email. If contact information changes, please update it in your Uplifter account. It is the responsibility of the parent to read all emails sent throughout the dance season.
- Students must arrive early for class allowing them time to change and stretch. If a student arrives late, please enter class respectfully and join in.
- Please do not drop young children off more than 5 minutes prior to class time. They will not be under any supervision.
- Please go to the bathroom BEFORE class. Bathroom breaks during class take up a lot of time and are a distraction to the other students.
- Please dress appropriately, come to class with your hair done and follow the individual class dress code. No jewelry is allowed, as it is a safety hazard.
- Please mark all clothes and shoes with your full name on the inside.
- We are not responsible for lost or stolen items. Items found will be put in the lost and found. At the end of the month any unclaimed articles will be donated.

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- **NO GUM allowed in the dance studios.**
 - **Only water will be allowed in the dance studios.**
 - **Please respect the building. Keep halls and change rooms clean.**
 - **If a dancer chooses to eat in the hallways on their break, please ensure it is peanut free.**
 - **We are not responsible for injuries caused while on the premises. If a child gets injured we reserve the right to seek medical advice.**
 - **Please do not wear your dance shoes outside of dance. This will keep them clean and will help protect the studio floor.**
 - **Caregivers cannot watch class, take videos or pictures. We will have an Open House viewing week, which will allow caregivers to follow their children's progress. In class visitor observation is at the discretion of the instructor. Please refrain from taking photos and videos as this can be distracting for the students.**
 - **Cell phones MUST be turned off and put away during all classes.**
 - **Classes may be cancelled due to weather or instructor illness. Every effort will be made to find a sub for the class or hold a make-up class.**
 - **If you have to miss class for a valid excuse, please email uptown@fmcsd.ab.ca. If a child has missed too many classes and we feel it is affecting class performance, we reserve the right to remove the child from class. If a child misses 3 consecutive classes we will contact the parents to discuss the absences. If you wish to remove your child from a class you must email the office at uptown@fmcsd.ab.ca.**
 - **Alterations to costumes are the dancers responsibility.**
 - **ALL recitals performance and rehearsal days are mandatory to participate in the Year End Recitals. Please make sure you check our Important Dates and mark them in your calendar.**
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- **By registering for UpTown!, you authorize images of your child to be displayed in publications, social media, events, and instructional demonstrations. Photos and videos of dancers will not be taken without their knowing.**
- **Questions and comments for teachers should go through the UpTown! email, uptown@fmcsd.ab.ca.**
- **Please keep your bodies happy and healthy. Lots of water, rest and plenty of stretching!**

IMPORTANT DATES:

First Day of Dance: September 2nd

Costume Measurement Week: October 20th - 26th

Viewing Week: November 24th - 30th

Photo Days: April 18th & 19th

Last Day of Regular Classes: April 30th

Mandatory Rehearsals: May 2nd - 5th

Mandatory Show Dates: May 7th - 10th

NO REGULAR CLASSES ON:

September - 30

October - 9, 10, 11, 12, 13, 28, 29, 30, 31

November - 10, 11, 12

December - 8, 9, 10, 11, 12, 13, 14, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

January - 1, 2, 28, 29

February - 16, 21, 22, 23, 24, 25, 26, 27, 28

March - 1, 24, 25, 26 (except for Adult Tap)

April - 3, 4, 5, 6, 7, 8, 9, 10, 18, 19 (18 & 19 are photo days)

May - 1

Every class has 26 weeks of instruction

Show A

Creative Movement A

Creative Movement B

Groovy Guys

Jr. Acro

KinderCombo A

KinderCombo B

Pre-Primary Ballet

Show B

Acro 1

Hip Hop 1A

Hip Hop 1B

Hip Hop 1C

Jazz 1

Jr. Jazz/ Tap A

Jr. Jazz/ Tap B

Musical Theatre 1

Primary Ballet

Tap 1

Show C

Acro 2

Ballet 1

Ballet 2

Contemporary 1

Contemporary 2

Hip Hop 2A

Hip Hop 2B

Hip Hop 2C

Jazz 2

Lyrical 1

Lyrical 2

Musical Theatre 2

Tap 2

Show D

Acro 3/4

Adult Ballet

Adult Hip Hop 1

Adult Hip Hop 2

Adult Jazz

Adult Tap

Ballet 3

Ballet 4

Ballet 5

Ballet 6

Ballet 7

Contemporary 3

Contemporary 4

Contemporary 5

Hip Hop 3A

Hip Hop 3B

Hip Hop 4

Jazz 3

Jazz 4/5

Jazz 6

Lyrical 3

Lyrical 4

Lyrical 5

Musical Theatre 3

Musical Theatre 4

Pointe 1

Pointe 2

Tap 3

Tap 4/5

***Subject to change**

Dance Rehearsals - Attendance is Mandatory

Saturday, May 2nd

Show A - 9:00am - 10:30am

Show B - 11:00am - 1:00pm

Show D - 5:30pm - 8:00pm - Act 1

Sunday, May 3rd

Show B - 10:00am - 12:00pm

Show C - 1:30pm - 4:00pm

Show D - 5:30pm - 8:00pm - Act 2

Monday, May 4th

Show A - 4:30pm - 5:30pm

Show C - 6:30pm - 8:30pm

Tuesday, May 5th

Show D - 5:00pm - 9:00pm - Acts 1 & 2

Dance Shows - Attendance is Mandatory

Thursday, May 7th

Show D - 7:00pm - 9:30pm

Friday, May 8th

Show D - 7:00pm - 9:30pm

Saturday, May 9th

Show A - 10:00am - 10:30am

Show B - 12:00pm - 1:00pm

Show C - 3:00pm - 4:00pm

Sunday, May 10th

Show A - 10:00am - 10:30am

Show B - 12:00pm - 1:00pm

Show C - 3:00pm - 4:00pm